

10 Step Plan

1/ We shall be significantly increasing the level and frequency of cleaning for our clinic. Our clinic will be undergoing regular deep cleans to ensure we maintain highest levels of hygiene within the clinic. Industry recommended disinfectant cleaning products will be used to minimise the risk of contamination

2/ Face to face appointments will only be offered to patients where effective treatment cannot reasonably be carried out remotely – patients will receive telephone screening consultation

3/ All patients and staff are advised not to attend our clinic if they are [displaying possible signs of COVID-19](#) or if they should be self-isolating under current government guidelines. Patients and staff will be screened before their appointment to ensure they do not have any Covid-19 symptoms

4/ All staff and patients will be temperature checked on entering the clinic and advised not to enter if their [temperature is greater than 37.8](#)

5/ The waiting room and appointment times will be organised to ensure social distancing guidelines can be maintained (2 metres are kept between patients)

6/ Our clinicians will be wearing all the [necessary PPE](#) including surgical masks and aprons at all times during your appointment. If there is any chance of 'splash back' from bodily fluids e.g. during exercise, acupuncture or manual therapy, your clinician will wear a visor or eye protection.

7/ We will be operating a significantly reduced service to minimise the number of patients and staff in the clinic at one time

8/ We will be altering our hours to spread the flow of patients evenly throughout the day

9/ Between each patient we will allow time to clean all surfaces using disinfectant and change the necessary PPE

10/ We can guarantee you these measures will not affect your standard of care